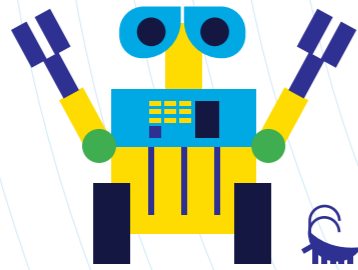


NOVEMBER

ZERO waste and recycling

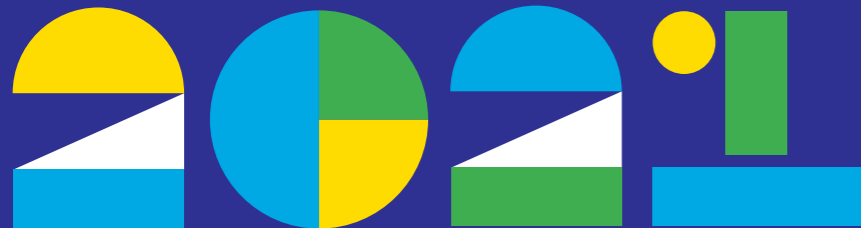
Remember the movie WALL-E (Waste Allocation Load Lifter Earth-class), about the last robot left on a deserted, trash-covered Earth? He spent his days tidying up the planet, one piece of garbage at a time. None of us want to get there, right? So the goal is to send nothing to landfill, reduce what we need, reuse as much as we can, and as a last resort, recycle.



START RECYCLING YOUR FOOD WASTE, IT'S EASY WHEN YOU KNOW HOW
EARTHPROBIOTIC.CO.ZA

Leftovers don't need to be boring. Great meal reinvention ideas here: blog.interwaste.co.za/know-waste

VISIT INTERWASTE.CO.ZA/WIKIWASTE/QUIZ TO TAKE THE WIKIWASTE QUIZ AND EARN MONTHLY REWARDS.



November

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December

S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

PUBLIC HOLIDAYS

1 January	New Year's Day	16 June	Youth Day
21 March	Human Rights Day	9 August	National Women's Day
22 March	Public Holiday	24 September	Heritage Day
2 April	Good Friday	16 December	Day of Reconciliation
5 April	Family Day	25 December	Christmas Day
27 April	Freedom Day	26 December	Day of Good Will
1 May	Workers' Day	27 December	Public Holiday

INTERWASTE
 A Sêché environnement company

WIKIWASTE
 THE KNOWLEDGE PORTAL

INTERNATIONAL DAY FOR PREVENTING THE EXPLOITATION OF THE ENVIRONMENT IN WAR AND ARMED CONFLICT

A zero-waste lifestyle can save you up to 40% on your overall budget.

CHALLENGE
 Use old jars and containers to plant seeds in and store rice, nuts and other goodies. It's on trend too!

CHALLENGE
 Keep a weekly record of every mouldy banana and half-eaten box of cereal you toss in the trash. Then tweak your shopping habits accordingly.

WORLD FISHERIES DAY

Most consumer products are designed to encourage you to use way more than you actually need.

CHALLENGE
 Say no to little things like straws, business cards, leaflets, plastic cutlery etc.

Three guidelines of recycling:
 Recycle all bottles, cans, and paper. Keep items relatively clean. Don't mix plastic bags with other recycled items.

Greenhouse gas emissions associated with food waste are equivalent to an additional 33 million passenger vehicles.

CHALLENGE
 Buy a reusable bamboo, stainless steel or glass straw and take it to restaurants with you.

CHALLENGE
 Hold on to every piece of trash you generate for a full week, keep it in a visible space to see the effects of being wasteful.

Composting at home reduces methane emissions from landfills and lowers your carbon footprint.

CHALLENGE
 Learn to love leftovers. They can be super tasty!